

Footwear: trekking shoes with strong ankle support.

Shorts or pants: Lightweight weave of cotton or cotton/poly that dry quick

2 extra shirts: Coolmax shirts, one long sleeved and one short sleeved.

Jacket: Windproof water-resistant jacket with rain hood.

Sweater or microfleece vest: To provide the insulating layer in the cooler mountain climate.

Please consider that temperature above 2.000m can be much lower than in city.

Hat: It will protect your head from sunburn, and your body from cooling down.

Sunglasses

Suncream

Lipsalve

Trekking pole: useful for hiking, and also to keep village dogs on safe distance

Headlamp or flashlight: we always carry one

Binoculars: not necessary, but worth having as you don't want to miss the views

Camera

Passport

Trip voucher

Money: cash, or, you can also use your credit card all over Macedonia – there are ATMs in Skopje. Feel free to ask your guide for help.

Travel insurance

Personal medications

Topographic maps will be supplied by Macedonia Travel to each participant upon departure.